



THE GEORGIAN REPORT



St. George's Church Schenectady, NY

December 2016

INSTITUTION: OCTOBER 28, 2016

The Reverend Matthew R. Stromberg was instituted as nineteenth Rector of St. George's on October 28th with all the beauty of sound and ceremony appropriate to our delight in his presence. A number of guest clergy came to welcome Fr. Matt into parish priesthood, including Fr. Charles King and Alice, who made St. George's their home for so long during the search; and Fr. Peter Schofield and Sylvia, who also filled in several weeks. One of Fr. Matt's professors, Fr. Leander Harding, preached the sermon, speaking about the life of a priest and how impossible is the work of parish ministry. But if faith is at the heart of a parish, there will be hope and new life for that parish. The trick is to persevere. These were welcome words for us all.

Bishop Love presided over the Institution, a beautiful ritual publicly presenting Fr. Matt by the Wardens, Fr. Matt committing himself to his new responsibilities, and the congregation accepting and supporting their new Rector. Later, the new Rector processed through the church for the Induction, promising to baptize, preach, study and read the Scripture, be a good shepherd, and celebrate Communion. The Bishop concluded by proudly presenting Fr. Matt and April for a hearty round of applause.

Our new Rector loves music and hymns and this night it all was glorious with Harold Darke's *Communion Service in E* and, at Fr. Matt's request, C. Hubert Parry's "O Love of God, How Strong and True" (from President Reagan's funeral) at the Offertory. Musicians for the Mass included Michael Perry, trumpet, and the St. Cecilia Choir with several guest singers, under the direction of Andrew Krystopolski. Gene Tobey and Rosanne Hargrave were soloists. After the service everyone enjoyed a long-awaited and sumptuous banquet in the Great Hall. Congratulations, Fr. Matt!

joan pearson



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SALUTING ST. GEORGE'S VOLUNTEERS



Front row (L-R) Alice Polumbo, Joan Pearson, Judith Smith, Suzy Unger, Nancy Angus. Back row (L-R) Fr. Matt Stromberg, Jean Greenspan, Meg Hughes, Pauline Holmes, Andrew Krystopolski. Missing from picture: Joan Bessarab, Dot Dever.

Music Director **Andrew Krystopolski** is the glue that holds the Assisted Living Ministry together... since 2015, offering mass, communion and hymns to residents of four area facilities: Glen Eddy, Capital Living, Scotia Mansion, and the Kingsway Community. ALM is important to Andrew because it brings church to people who can't get there otherwise. "Ministering to the elderly with music is something I have always been passionate about," he added. "Music is a very powerful, healing and soothing medicine....more powerful than people realize. I am grateful to be able to offer music to help the residents pray in their later years."

ALM is important to the team because....

Joan Pearson: "I most enjoy the residents who are our congregation. They were our teachers, principals, supervisors, builders, neighbors; with families and friends they ask us to name them in the prayers. When they are with us they are in church, and for a little while, not patients."

Judith Smith: "We bring communication and communion and show them that they are not alone. It's wonderful to know I'm making somebody's life a little happier."

Nancy Angus: "They identify with us. With our music and ministry, we're bringing the real world back to them."

Suzy Unger: "The hymns and the services are very meaningful. It's nice bringing church to people who otherwise might not tend to go."

Meg Hughes: "I enjoy the time spent with fellow Georgians, connecting with and meeting the residents. It's just fun doing something nice for others."

Joan Bessarab: "They enjoy us; we enjoy them! They become friends and look forward to seeing us."

Pauline Holmes: "It's a special atmosphere. When I see the look on their faces, I realize they give me more than I give them."

Jean Greenspan: "They smile and sing along with us. Whatever else we're doing, we're bringing church to the residents."

Dot Dever: "It's rewarding to share in the songs and fellowship. I look forward to it as much as I think the residents look forward to our visit."

Alice Polumbo: "I bring St. George's into a different community, worship with people whose ability to attend church is limited, and interact with Georgians in a spiritual way and learn about their faith journeys."

According to **Fr. Matt Stromberg**, "ALM reaches out to the elderly and the infirm with the love of Christ. Holy Scripture commands us to visit the widows and the sick; to share the Gospel with all people. ALM is one way in which St. George's is doing that."

The ALM (Assisted Living Ministry) is a VIP (Very Important Project.) We salute these volunteers who give so graciously of their love and friendship.

lynn paska

FROM THE RECTOR'S STUDY.....



One of the best known and most loved hymns of the Advent season is, “O Come, O Come, Emmanuel.” It is a paraphrase and versification by Anglican priest John Mason Neale of a very ancient liturgical tradition, the “O Antiphons.” These are seven antiphons that are recited or sung at Evening Prayer from December 17 to 23. They create a kind of climactic conclusion to the season. You might say that—together—the Antiphons form a kind of divinely inspired Christmas list. Through them, the worship and prayer of the Church—the liturgy—teaches us what to hope for and ask for as we await the coming of our Lord Jesus Christ.

So what do these “O Antiphons” include? They are a summary and liturgical expression of Isaiah’s prophecy of the messiah. The Book of Isaiah has often been called the fifth Gospel, because more than any other book in the Old Testament, Christians have seen in Isaiah an announcement of the coming of Christ. Each of the seven “O Antiphons” represents a different name or attribute attributed to Christ by Isaiah. Chronologically, they are:

- O Wisdom, which camest out of the mouth of the Most High, and reachest from one end to another, mightily and sweetly ordering all things: Come and teach us the way or prudence (Isa. 11:2-3).
- O Lord, and Leader of the house of Israel, who appearedst in the bush to Moses in a name or fire, and gavest him the law in Sinai: Come and redeem us with an outstretched arm. (11:4-4, 33:22)
- O Root of Jesse, which standest for an ensign of the people, at whom kings shall shut their mouths, unto whom the Gentiles shall seek: Come and deliver us, and tarry not. (11:1, 11:10)
- O Key of David, and Scepter of the house of Israel; that openest and no man shutteth, and shutteth and no man openeth: Come, and bring the prisoners out of the prison house, them that sit in darkness and the shadow of death. (9:7, 22:22, 42:7)
- O Dayspring, Brightness of the Light everlasting, and Sun of righteousness: Come and enlighten them that sit in darkness and the shadow of death. (9:2, 60:1-2)
- O King of Nations, and their Desire; the Cornerstone, who makest both one: Come and save mankind, whom thou formedst of clay. (2:4, 9:6)
- O Emmanuel, our King and Lawgiver, the Desire of all nations and their Salvation: Come and save us, O Lord our God (7:14).

In some traditions, the singing of the O Antiphons begins a day earlier on December 16, and an eighth is included:

O Virgin of Virgins, how shall this be? For neither before thee was any seen like thee, nor shall there be after. Daughters of Jerusalem, why marvel ye at me? The thing which ye behold is a divine mystery (Isa 7:14).

Praying these prayers heightens our anticipation and enriches our experience of the Advent season. The O Antiphons teach us to hope, but they also contain a promise. Many have noticed that if you write out the first letter of the Latin versions of the titles from last to first they spell, *Ero Cras* which means, “Tomorrow, I will Come.” Incidentally with the added eighth antiphon it spells, *Vero Cras* or, “Truly, Tomorrow.” Was this intentional? No one knows. Regardless, it is awfully appropriate. In the O Antiphons we have not only a fitting prelude to Christmas, an expression of the longing of God’s people for the first Advent of Christ, but they also give voice to the continued longing of God’s people. We continue to yearn with eager anticipation for Christ’s Second Advent. Christ is here, and he is coming again. O come, O come, Emmanuel!

Grace and Peace

Fr. Matthew Stromberg+



OUTREACH

It has been an extremely busy fall-into-winter for Community Outreach.

The Annual Coat Drive, organized by Alice Pumbo, collected a complete rack of warm winter coats organized around the Feast of St. Martin, to commemorate the saint who cut his coat in half when he saw a shivering beggar on the road. 30 coats in total were delivered to City Mission on November 28th.

Parishioners from St. George's were bell-ringers for the Salvation Army on Saturday, December 17th at the Encore Shoe Department at ViaPort Mall (formerly Rotterdam Square.) Jon Pearson spearheaded this community outreach. Bell-ringers included Nancy & Johnnie Angus, Judy & Gene DeLong, Alice & Ralph Pumbo, Jim Moore, Lynn & Bob Paska, Jon Pearson, Dusty Ann Ifflander, Carol Gaige, Dot Dever, Barbara Wengrovius, Suzy & Rich Unger, Fr. Matt Stromberg and his daughter Helen.

As part of our Advent ministry, Barbara Wengrovius prepared Holiday Gift Bags for parishioners to fill with simple gifts and toiletries. They will be delivered to the Domestic Violence Shelter at the YWCA after the December 18th cut-off.

The on-going food collection is still going strong, with enough food received each month for a sizeable delivery to SICM. Thanks to Sue and Steve Hartz for doing the actual deliveries. A reminder - please keep up donations through the holidays and cold winter months when hearty meals are especially important.

louisa carr

DONNA VROOMAN'S RETIREMENT



Donna Vrooman is surrounded by her mother Jane McGinn, son Michael and husband Alan.

Saying "goodbye" to Donna Vrooman was not easy, but Georgians put on a stiff upper lip and joined the Vestry-hosted reception for our Administrative Assistant on Saturday, October 15th from 4 to 6PM in the Shaw Lounge. Parishioners honored Donna and met her family. The Vestry presented her with a wristwatch and bouquet of roses; she received many individual parting gifts, plus many lunch and dinner invitations. Donna's retirement means she'll spend more time with her family. For St. George's, it means the loss of an exceptionally loyal friend to all who had the pleasure of interacting with her in the church office.

lynn paska

JEWELRY WORKSHOP

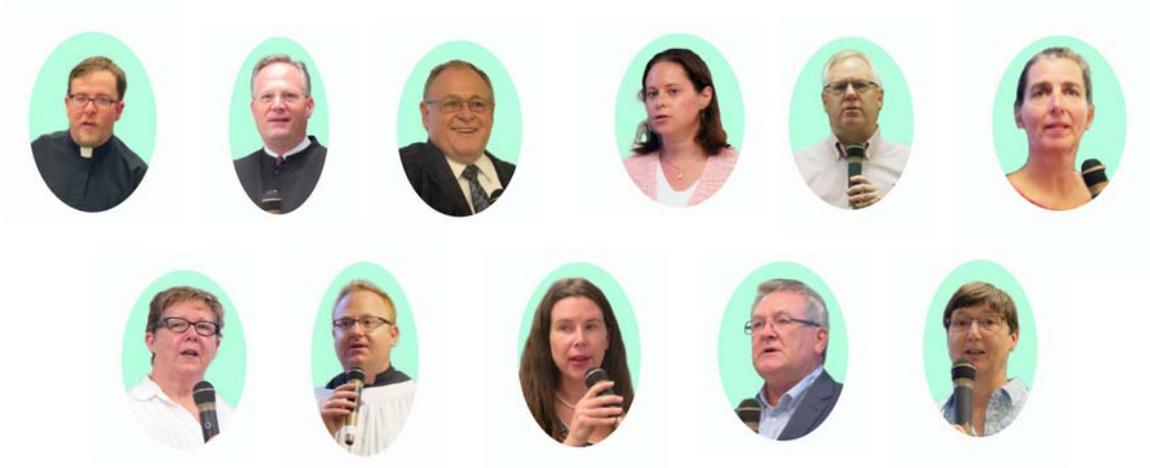
A Jewelry-Making Workshop was held between the Masses in the Great Hall on December 4th and 11th as Sue Jenner led creative groups of amateur designers in learning the fine art of jewelry-making techniques for Christmas gifting.

After watching the participants hard at work, we know what April Stromberg will find underneath her gaily-decorated tree on Christmas morning.

lynn paska



MINISTRY FAIR



Our Ministry Fair was a combination of brief talks from various chairpersons while everyone enjoyed the Sweets 'n Savories provided by the Vestry. Sign-up sheets were available for those interested in a particular ministry. The speakers were: Andrew Krystopolski, Music & Assisted Living Ministry; Louisa Carr, Community Outreach; Sue Hartz, Pastoral Care; April Stromberg, Sunday School; Jeff Wengrovius, in-house ministries Acolyte/Altar Guild/Lectors/Greeters/Counters as well as Foyers Dinners; Rich Unger, Outreach Neighborhood; Chris Henry, Hospitality; Meg Hughes, Book Club; Suzy Unger, Gardens; Rick Forshaw, Buildings & Grounds, and the Video Room; Fr. Matt Stromberg, Wednesday Night Bible Study. Remember, your participation not only enriches that ministry's mission....but your own sense of worth through giving of your "time and talent."



During the Stockade Art Show in September, Fr. Matt saw a painting of St. George's to add to his collection of his past church affiliations. Volunteers working our lunch table at St. George's Cafe (Barb & Jeff Wengrovius, Joan & Jon Pearson, Judy & Gene DeLong, Nancy & Johnnie Angus, Suzy & Rich Unger) contributed to the purchase of that painting, which was presented to him at the Ministry Fair.

lynn paska

PET BLESSING



Some 40+ people and pets....mostly dogs, a few cats, and two birds....attended the Pet Blessing in honor of St. Francis of Assisi, at St. George's Church on Sunday, October 9th at 2PM. Fr. Matt Stromberg presided over the ceremony, accompanied by Andrew Krystopolski on the accordion. The day was overcast but a sunny tribute to "All God's Creatures."



Andrew's Millie is an "old pro," this being her 5th appearance at the annual event. Chris' Jameson, a beautiful black lab, wasn't in a sociable mood so was relegated to the car in the parking lot. Suzy and Rich Unger's Cody was both curious and well behaved. Bob and JJ Moran brought Dexterjoe and Brandisue, two feisty canines who kept their distance from the others. Rosemary's Baxter tried his best to behave. All pets were on leashes. Those in crates included Johnny and Fei Fei, two colorful pigeons belonging to Sue Jenner.

lynn paska

IN MEMORIAM



Dorothy Stevens
1925-2016

Roland Coppola
1928-2016



"Rest in Peace"

You will be missed by your church family.

Do you ever go into a church, maybe one you are visiting, and not know whether to bow or genuflect and when to do it? Haven't we all done that? When should you bow or genuflect, even in your own church? And why? That's today's topic, not as a review of social gestures, but for their underlying religious significance.

The Bow In Christian liturgy, a bow signifies reverence and honor shown to the persons themselves or to the signs that represent them. There are two kinds of bows: a bow of the head (which includes a slight shoulder bow) and a bow of the body (deep bow). People bow when passing in front of the altar since the altar itself a sign of Christ, even if there isn't a crucifix on it. It may take the minimal form of a simple bow of the head or a slight incline of the shoulders and upper body. Forms of bowing from the waist, kneeling or genuflection are the next levels of gesture and are all appropriate at various points in the liturgy.



Head bow



Shoulder bow

Bow the head or shoulders when the Father, Son and Holy Ghost are named together and at the names of Jesus, of the Blessed Virgin Mary, and of the Saint on Holy Days. Also, bow the body when you pass in front of the altar and enter and leave the church (unless the Tabernacle is on the altar, in which case you genuflect). Also bow the body (or kneel) during the Sanctus, Confession of Sin and Consecration.



Deep bow

St. Paul said that everyone on Earth will someday bow to Jesus Christ. In Philippians 2:9-11, *“Wherefore God also hath highly exalted him, and given him a name which is above every name: That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.”*

The Genuflection Bending at least one knee to the ground is a gesture of deep respect and adoration. The Latin *genuflectio* originally meant kneeling rather than the rapid dropping to one knee and rising that became customary in the Middle Ages. To genuflect is to ‘bow the knee’; to go down on one knee. It is the most profound and solemn form of bowing. It allows the worshipper to fully engage in acknowledging the presence of and to honor Jesus Christ. Genuflection must be neither hurried nor careless.



Single genuflection

There are two forms of genuflection, depending on whether or not the Blessed Sacrament is intentionally exposed on the altar or not. A simple right-knee genuflection is always appropriate when the Blessed Sacrament is on the altar during the Mass (such as when approaching the altar for communion) and when passing before the Tabernacle on the Lady Chapel altar. Also during the Nicene Creed when *“the word was made flesh”* and John’s Gospel *“and the Word was made flesh and dwelt among us”*. These words are at the heart of the Christian Gospel. It is only because of that one almost unbelievable fact that we can pray at all.

A double-genuflection is more profound and is proper during the Exposition of the Sacrament – Benediction, Corpus Christi, Maundy Thursday watch at the Altar of Repose and Veneration of the Cross on Good Friday. When genuflecting, making the sign of the cross is optional.



Double genuflection

An old custom, now rarely seen, is for lay people or clergy of lesser rank to genuflect to a bishop and kiss his episcopal ring, as a sign of acceptance of the bishop’s apostolic authority as representing Christ in the local church. This genuflection was done on the left knee, distinguishing it from a genuflection to God on the right knee

Prostration You may never have to do this but prostration is the ultimate submissive act. Getting down on the floor and lying submissively face down symbolically puts you totally at the mercy of a loving God. Full prostrations are required during the ordination of a new priest and common at the start of the Good Friday liturgy where the sacred ministers lie prostrate at the altar.

david kennison



- VISITATIONS - 'TIS THE SEASON

It is indeed the season once again - for Advent wreaths, decorations, cards, gifts, reflection on the year past and hopes for the year to come. While addressing a Christmas card, I read the message inside which reminded the reader to focus on the greatest gift of all, the Christ child. Continuing, it said that as Christians we pray that the true meaning of Christmas does not get lost in all the hustle and bustle. The card seemed especially appropriate as I was sending it to one of the people on our Pastoral Care list. As the addressing continued, I thought of the three cards that would NOT be sent this year - cards for Ed, Roland and Dottie. And I must admit I was sad. These were parishioners we had visited for many years, in some cases over 150 visits; two gentle men and a strong, independent woman.

Ed was a college professor who at 99 was still sharp as a tack. He always greeted us with a big smile and one of those double-handed handshakes - you know the kind when your hand disappears into his. A handshake that enveloped and held, expressing more than words ever could. **Roland** was a dedicated husband who even though not Episcopalian had brought his wife to St. George's for decades. He continued to care lovingly for her at home even as his health began to fail. She came first. Roland, who teared up as he thanked us for our visit just two weeks before his death. And **Dottie**, a strong, independent woman, one who traveled the world when most did not. Dottie who was steadfast in her love of and defense of the traditional liturgy. Her beliefs led her to gently remind Father Matt that when next he visited her he was to bring the 1928 Prayer Book which she assured him he could find a copy of at St. George's.

Then it happened. I realized that I had a grin on my face. These three and all the people we visit have given the gift of wonderful memories. Memories of our visits and their gratitude for having the opportunity to receive Holy Communion. And I was reminded of how lucky I am to have been given the gift of the opportunity to do Pastoral Care.

One more gift to be thankful for: we are blessed to have a new Rector, Father Matt and his lovely family. He made an impressive start and we look to 2017 with renewed hopes and expectations. On that positive note, I'll simply say in this Advent season - "God bless us, every one."

jim wingate

CHORAL EVENSONG

The most beautiful Anglican tradition must be Evensong, with its focus on prayer, scripture, and soaring music. And no two services sound alike. St. George's celebrated Choral Evensong for St. Michael and All Angels on October 2nd, officiated by Rev. Matthew Stromberg, assisted by Christopher Henry and David Kennison. The Saint Cecilia Choir and Friends were under the direction of organist and choirmaster Andrew Krystopolski.

On this occasion the service highlighted twentieth century musical setting, beginning with a meditative *Psalms Prelude* by Herbert Howells. The Preces and Responses were composed by Gerre Hancock, a giant of contemporary sacred music. The lessons, read by Greg and Sheila Thomas, came with a stunning *Magnificat* and *Nunc Dimittis* by George Dyson, from his "Evening Service in D." Following Fr. Matt's sermon on Angels, everyone's favorite topic, the choir sang John Ireland's *Te Deum Laudamus*, which just may have been the inspiration for "Hey, Jude." Herbert Sumsion's rousing "Ceremonial March" ended the service, after which the congregation enjoyed a sumptuous potluck supper in the Great Hall, organized by Kevin Grace.

This was Fr. Matt's first Choral Evensong at St. George's and a gracious start to a busy fall.

joan pearson

"ALL ON THE SAME PAGE" BOOK CLUB



The next regular meeting of St. George's book club will be in the Library of the Great Hall between Masses on March 19th.

The book selection is "Barkskins" by Annie Proulx. It is a wide-ranging historical novel about the logging industry, featuring memorable characters and vignettes both humorous and horrifying. Please see Meg Hughes or call her at 518-694-1550 if you have questions about "Barkskins" or the book club.

meg hughes

- SENIOR WARDEN'S REPORT -



The past four months have been an exciting time of renewal, growth and progress that is truly inspiring in such a short amount of time. Since the Rector arrived in the beginning of August, we have seen a new Christian Education and Sunday School blossom with serious potential for further growth. Sunday attendance is up noticeably (and not just because summer is over.) There is a renewed vigor on our campus with Choral Evensongs, Bible Study, Fellowship dinners at the Rectory, and a renewed presence in the community. The Rector's Institution on October 28th brought over 200 people to St. George's. A record number not seen in the last decade. The Church was filled with Georgians both past and present, with clergy of the diocese and surrounding community, and friends and neighbors of the Parish from near and far.

We will all need to continue to support and encourage our new Rector in any way that we can to foster our new growth to record new heights.

It's so wonderful to have a new full-time Rector again!

yours in Christ, chris

COOKIE BAKE



The kitchen in the Great Hall smelled *heavenly* the afternoon of Sunday, October 9th as Georgian bakers turned out dozens of chocolate chip, oatmeal chocolate chip, white chocolate chip cherry, peanut butter, and snickerdoodle cookies for St. Joseph's Place, a Hamilton Hill drop-in center. Kevin Grace chaired this community outreach project. Thanks to Alice Pumbo, Sandee Hughes, Louisa Carr and Joan Pearson for a delicious job "well baked." Missing from the picture: Helen Stromberg, our 4-year old baker-in-training.

lynn paska

A FAIRY TALE TO CHARM ALL AGES

All parishioners are invited to read "The Lion, the Witch and the Wardrobe" this winter. A children's fantasy novel, it was written by British novelist and Christian apologist C.S. Lewis following World War II. It is the best-known of his seven book "Chronicles of Narnia" series.

Lewis wrote it for his goddaughter, but she grew up before he could complete and publish the story. "Someday you will be old enough to start reading fairy tales again," he wrote in the dedication. In addition being a fun read for all ages, it carries enduring messages about faith, bravery, and sacrifice.

Can you imagine living in a world where it is winter year-round, yet Christmas never comes? That's the fate of Narnian citizens! How can this tragic state be ameliorated? Read the story and find out. Share it with your kids and grandkids. Then, attend discussions of the book to be led by Fr. Matt during coffee hours in January.

meg hughes

- JUNIOR WARDEN'S REPORT - (PICTORIALLY)



#1



#1. - parking lot repaired, new lines drawn.

#2. - A/V room - new equipment installed to keep up with changing technology.

#2



#3. - installed 2 new LED lights to replace expensive halogens.

#4. - tree removal.

#5. - Thanksgiving Parade float, came in 3rd place or 2nd runner up.

#6. - sign repaired.

#7. - St. George's illuminated by new spotlights.

#8. - new trees.

#3



#5



#6



#7



#4



#8



rick forshaw



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STEWARDSHIP REPORT

St. George's Stewardship campaign 2017, "Growing St. George's with our New Rector," is nearing completion. We kicked off our campaign in September with an invigorated Ministry Fair. We had a record number of people sign up to join or lead our many ministries inside and outside our church. We are already seeing the positive effects of having more volunteers. Wonderful examples include increased work in the gardens and on the buildings, an expansion of the book club, more visitation to our seniors, new Sunday school events for our children, and the Advent wreath and jewelry making programs. These are just a few examples of what truly makes St. George's church our Spiritual home. We are "on a roll" growing our church with Fr. Matt, April, Helen and Isaac.

As we all know, Stewardship is more than donating our time and talents. We also need to raise the financial capital required to pay our salaries, maintain our buildings, and fund our ministries. We started the money part of our Stewardship campaign in November. We heard testimonies from 3 parishioners: David Kennison, Jonathan Pearson and Jeff Wengrovius, about what St. George's church means to them personally and the importance of giving to sustain our parish. In addition, Fr. Matt has preached about the spiritual and practical aspects of giving. This portion of the campaign culminated on November 20th, Stewardship Sunday, when everyone was asked to hand in their pledge cards.

For 2017, the Vestry has approved a deficit budget. This means that the anticipated giving plus the interest from our endowment is not enough to pay for all of our church's expenses. Thus, the importance of everyone pledging is really high. As of December 1st, we have received 25 commitments totaling \$72,758. This compares to 33 pledges worth \$85,216 for 2016. We seriously need to beat the 2016 totals. The good news is that we still have time. If you have not yet pledged for 2017, please send your pledge card to St. George's office to the attention of Dawn Tonneau. Rest assured that your names and giving amounts will be strictly kept private. Only Dawn knows!

jeff wengrovius



A REMINDER: Our Sunday 9AM Mass is videotaped by Rick Forshaw and Mike Thiessen. It is then telecast Sundays at 4:30PM, Thursdays at 10AM and Fridays at 2PM on SACC-16 TV as well as Sundays at 2PM on Channel 18, Albany and Guilderland.